

# Protect Yourself!

- Keep your passport, identification documents, and employment contract in a safe place! Make copies and keep them at a friend or relative's home.
- Keep a record of: all days you worked, the date you were paid, how much you were paid, and date and time of important incidents (threats or conflicts) with your employer.
- Try to memorize your embassy's phone number, or keep it written in a safe place.
- If you need help, call the National Human Trafficking Resource Center's **24 hour** Hotline at 1-888-373-7888 or the NYSDOL Division of Immigrant Policies and Affairs Hotline at 1-877-466-9757. You can also contact us via email at **trafficking@labor.ny.gov**.

# You Have the Right to:

- Not be held in a job against your will.
- Keep your passport and other identification documents in your possession.
- Request help from the Department of Labor, charities, social service agencies or any other group without fear of retaliation.
- Seek justice in U.S. Courts.
- Have your wages paid and not be physically or verbally threatened by your employer.

